

General Information

About The Valley Hospital Laboratory

The Valley Hospital Laboratory is a full-service laboratory accredited by the College of American Pathologists (CAP). The Laboratory is located on the first floor of the hospital just past the Information Desk. Someone at the Information Desk can direct you.

The Valley Hospital Outpatient Laboratory is open Monday through Friday, 6:30 a.m. to 5:30 p.m.; and Saturday, 6:30 a.m. – 3 p.m. We pride ourselves on short wait times and most patients are seen on a walk-in basis. Please call The Valley Hospital Laboratory at 201-447-8250 option 1 to schedule any specialized testing such as glucose tolerance tests.

The Laboratory completes close to 2 million tests per year, making us one of the most accomplished laboratories in the state. With a staff of more than 170 professionals, including five pathologists, The Valley Hospital Laboratory is open 24 hours a day, 7 days per week. The Valley Hospital Laboratory has more than 50 years of experience in laboratory services, making us a trusted and experienced provider. Stringent quality control programs are an integral part of all testing. The Valley Hospital Laboratory uses Mayo Medical Laboratories for most of its esoteric testing.

In addition to meeting the needs of individual patients, The Valley Hospital Laboratory services many of the region's nursing homes, physician offices, urgent care centers, and home care agencies. Please call 201-291-6065 to find out how we can help you.

For more information on our services, call 201-447-8249 or e-mail us at jpark@valleyhealth.com.

About Valley Health System

The Valley Hospital

The Valley Hospital in Paramus, NJ, is proud to be the hospital of choice for hundreds of thousands of New Jersey and New York residents.

Valley is an acute care, not-for-profit hospital with 370 licensed beds. In 2025, 31,991 individuals were admitted to Valley, 81,664 people were treated in the Emergency Department, and 4,459 babies were born. Valley offers the services of a comprehensive *Cancer Center*, *Center for Childbirth*, *Center for Minimally Invasive and Robotic Surgery*, *Total Joint Replacement Center*, *Neuroscience Center of Excellence*, *Valley Life Start: The Center for Weight and Wellness™*, *Center for Sleep Medicine at The Valley Hospital*, *The Valley Gamma Knife Center*, and the *Kireker Center for Child Development* among other services. For more information, visit

<https://www.valleyhealth.com/>

Valley Home Care

Patients and their families turn to Valley Home Care (VHC) for comprehensive, highly skilled care to meet a variety of healthcare needs. In 2025, VHC recorded 278,159 patient visits. Services include skilled nursing, specialty clinicians, rehabilitation therapy, specialized clinical care (IV therapy, wound care, ostomy care), medical social services/case management, nutrition counseling, hospice care, and bereavement support groups. Specialized programs manage the home care needs of patients with heart disease; cancer; diabetes; and pulmonary disorders, including COPD, interstitial lung disease, and asthma. For more information, visit [ValleyHealth.com/Home Care](http://ValleyHealth.com/HomeCare). To contact VHC, call 201-291-6000.

Valley Medical Group

Valley Medical Group (VMG) is a multispecialty group practice comprised of physicians and advanced practice professionals representing more than 50 medical and surgical specialties. VMG brings together doctors who practice at The Valley Hospital; the Robert and Audrey Luckow Pavilion in Paramus; Valley Health System – Ridgewood Campus; Valley Health System – Montvale Campus; Wayne Medical, a multispecialty practice in Wayne; seven primary/urgent care centers; and medical practices throughout the community. VMG includes medical specialists in the fields of surgery, cardiology, obstetrics and gynecology, ophthalmology, pulmonology, gastroenterology, endocrinology, and many others. VMG clinicians also offer the full scope of primary care, including internal and family medicine. VMG's primary care practices provide care coordination, enhanced communication, and accessibility to their patients by clinician-led teams who coordinate care across Valley Health System. For more information, visit ValleyMedicalGroup.com.