

# STOOL COLLECTION GUIDE

# Alpha-1-Antitrypsin, Random, Feces (A1AF)

## Sterile Container



- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool (1-5 Grams) into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Refrigerate the sample immediately after collection and return to the lab as soon as possible.

### **LABORATORY**

Mayo Clinic Lab

### **STABILITY**

Frozen (Preferred): 14 Days

Refrigerated: 14 Days

Ambient: 14 days

# Calprotectin, Feces (CALPR)

## Sterile Container



### **LABORATORY**

Mayo Clinic Lab

### **STABILITY**

Frozen (Preferred): 7 Days

Refrigerated: 72 Hours

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool (1-5 Grams) into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Refrigerate the sample immediately after collection and return to the lab as soon as possible.

# C. Difficile (CDIFF)

## Sterile Container



### **LABORATORY**

Valley- Microbiology

### **STABILITY**

Refrigerated: 5 Days

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch loose, unformed stool (liquid or soft diarrhea).
- Make sure not to let urine or toilet water contaminate stool.
- Transfer the sample into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Refrigerate the sample immediately after collection and return to the lab as soon as possible.

# Fat, Feces (FATF)

## Sterile Container



### LABORATORY

Mayo Clinic Lab

### STABILITY

Frozen -180 Days

Refrigerated: 180 Days

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool (1-5 Grams) into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Refrigerate the sample immediately after collection and return to the lab as soon as possible.



# Gastrointestinal Pathogen Panel, PCR, Feces (GIP)

Cardinal Health Culture and Sensitivity Stool Transport Vial (Orange)



## LABORATORY

Mayo Clinic Lab

## STABILITY

Ambient (Preferred): 4 Days

Refrigerated: 4 Days

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Use small spoon attached to the cap of the collection container to collect a fresh stool (1-5 Grams) specimen from a bowel movement.
- Transfer stool into the transport vial, mixing it into the preservative liquid until the fill line is reached.
- Label the container with your first and last name, date of birth, and collection date and time.
- Return to the lab as soon as possible.

# Helicobacter Pylori (H. Pylori), Stool Antigen (LC HPYLO)

## Sterile Container



### LABORATORY

LabCorp

### STABILITY

Refrigerated: 72 Hours

Freeze at -70°C after 72 Hours

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool (2 Grams) into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Specimen should be kept refrigerated after collection and transported refrigerated to the laboratory as soon as possible.

# Lactoferrin, Fecal (FLACF)

## Sterile Container



- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool (At least 5 Grams) into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Return to the lab as soon as possible.

### LABORATORY

Mayo Clinic Lab

### STABILITY

Refrigerated (Preferred): 14 Days

Frozen: 14 Days

Ambient: 14 days



# Norovirus (NOROPCR)

## Sterile Container



- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Refrigerate the sample immediately after collection and return to the lab as soon as possible.

### LABORATORY

Valley- Microbiology

### STABILITY

Refrigerated (Preferred): 7 Days

Ambient: 24 Hours

# Ova and Parasite (OPPCR)

## Ova & Parasite Transport Media Kit (Pink & Blue cap)



### LABORATORY

Valley- Microbiology

### STABILITY

Refrigerated (Preferred): 48 Hours

Ambient: 48 Hours

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Use small spoon attached to the cap of the collection kit to collect a fresh stool specimen from a bowel movement.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool into the transport vial, mixing it into the preservative liquid until the fill line is reached.
- Label the containers with your first and last name, date of birth, and collection date and time.
- Return to the lab as soon as possible.
- During transport, protect against freezing or excessive heat.

# Pancreatic Elastase, Feces (ELASF)

## Sterile Container



### LABORATORY

Mayo Clinic Lab

### STABILITY

Frozen (Preferred): 28 Days

Refrigerated: 72 Hours

Ambient: 72 Hours

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool (1-5 Grams) into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Refrigerate the sample immediately after collection and return to the lab as soon as possible.
- Must be frozen within 72 hours of collection.

# PH, Fecal (FPHFL)

## Sterile Container



### LABORATORY

Mayo Clinic Lab

### STABILITY

Frozen (Preferred): 14 Days

Refrigerated: 14 Days

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool (At least 5 Grams) into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Refrigerate the sample immediately after collection and return to the lab as soon as possible.



# Reducing Substance, Feces (UREDf)

## Sterile Container



- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Transfer stool (2-3 Grams) into the provided sterile container.
- Label the container with your first and last name, date of birth, and collection date and time.
- Freeze immediately.
- Return to the lab as soon as possible.

### LABORATORY

Mayo Clinic Lab

### STABILITY

Frozen: 7 Days



# Stool PCR (STPCR)

## Cary-Blair Transport Media (Para-Pak Yellow)



### LABORATORY

Valley-Microbiology

### STABILITY

Refrigerated (Preferred): 48 Hours

Ambient: 24 Hours

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Use small spoon attached to the cap of the collection container to collect a fresh stool specimen from a bowel movement.
- Transfer stool into the transport vial, mixing it into the preservative liquid until the fill line is reached.
- Label the container with your first and last name, date of birth, and collection date and time.
- Return to the lab as soon as possible.
- During transport, protect against freezing or excessive heat.

# Yersinia Culture (CUSTY)

## Cary-Blair Transport Media (Para-Pak Yellow)



### LABORATORY

Valley-Microbiology

### STABILITY

Refrigerated:48 Hours

- Place plastic Commode Specimen Collector (hat) over the toilet bowl to catch stool.
- Make sure not to let urine or toilet water contaminate stool.
- Use small spoon attached to the cap of the collection container to collect a fresh stool specimen from a bowel movement.
- Transfer stool into the transport vial, mixing it into the preservative liquid until the fill line is reached.
- Label the container with your first and last name, date of birth, and collection date and time.
- Refrigerate the sample immediately after collection and return to the lab within 2 hours of collection.